

**CBM Center for Behavioral Medicine
& Sport Psychology**

435 N. Michigan Avenue • Suite 2800 • Chicago, IL 60611

CBM DISCOUNTED PARKING
401 North Michigan Avenue

Discounted valet parking is available at 401 N. Michigan Avenue. Enter the garage from lower North Water Street (map on reverse side).

From I 90/94 (Kennedy Expressway):

Exit Kennedy Expressway at Ohio Street. Follow Ohio Street ramp to Orleans (1st light). Turn right; go 2 blocks to Illinois Street. Left on Illinois Street to lower Michigan Avenue. Turn right; go 1 block to North Water Street (at stop light). Turn left and go about 1 block to the last garage entrance on your right. Drive up the ramp to meet the valet.

From Lake Shore Drive (both north or south bound):

Exit at Grand Avenue. Follow Grand Avenue west about ½ mile to lower Michigan Avenue. Turn left on Michigan Avenue; go 1 block to North Water Street (at stop light). Turn left and go about 1 block to the last garage entrance on your right. Drive up the ramp to meet the valet.

Exit the garage on foot:

Walk down the flight of stairs across from the valet office. Follow the hallway into the lower lobby of 401 N. Michigan and take the escalator to the main lobby. Exit the main doors, walk across the plaza and turn right. The Tribune Tower (435 N. Michigan Avenue) is the next building north of the plaza.

Therapists will have stickers at a cost of \$10.00 each that will allow you to park up to five hours. When you exit the parking structure, use the validated parking ticket in payment.

Lower Level: Access to Parking

401 N. Michigan Avenue

